

# Instructions for SOAP Journaling

Step 1 » Find the Scripture for the day using a Bible reading plan.

Step 2 » Read the passages. Read them with an open heart and Jesus will give you the words of encouragement direction correction and hope that you need.

Step 3 » When you get a life lesson from the Scripture you have read grab a notebook or journal and do the following:

1. Write today's date.
2. Write out a verse/passage that sticks out to you. (Scripture)
3. Write what you see in the Scripture (Observation)
4. Write how you will be different today because of what you have just read. (Application)
5. Write out your prayer. (Prayer)

<b>S</b> cripture	"What I tell you in the darkness speak in the light; and what you hear whispered in your ear proclaim upon the housetops."
<b>O</b> bservation	If I am not hearing Him in the darkness what will I speak in the light?! If I am not hearing Him in my ear what will I proclaim on the housetops?!
<b>A</b> pplication	What a great word! This scripture reminds me to not only talk to God in prayer but equally important is to hear Him in prayer!
<b>P</b> rayer	Dear Jesus help me to hear You today! I want to be still that I may hear Your marching orders for my day for my week for my life. Speak Lord! Your servant is listening!
<i>How will I be different today because of what I have just read?</i>	

Source: Dr. Wayne Cordeiro Senior Pastor of New Hope Christian Fellowship

## Summer SOAP Reading Plan (May 2009)

Below are three readings for each week to challenge you to grow in your reflection and relationship with God over the summer. There is also a Psalm for each week that can be a daily reading for you, as well!

	<b>WEEK</b>	<b>PASSAGES</b>
<input type="checkbox"/>	May 25-29	<input type="checkbox"/> Psalm 103 <input type="checkbox"/> Genesis 12:1-9 <input type="checkbox"/> Matthew 7:21-29 <input type="checkbox"/> Acts 5:1-16
<input type="checkbox"/>	June 1-5	<input type="checkbox"/> Psalm 40 <input type="checkbox"/> Genesis 22:1-18 <input type="checkbox"/> John 17:20-26 <input type="checkbox"/> 2 Corinthians 4:13-5:1
<input type="checkbox"/>	June 8-12	<input type="checkbox"/> Psalm 84 <input type="checkbox"/> Genesis 25:19-34 <input type="checkbox"/> Luke 9:46-62 <input type="checkbox"/> Galatians 2:15-21
<input type="checkbox"/>	June 15-19	<input type="checkbox"/> Psalm 8 <input type="checkbox"/> Genesis 28:10-17 <input type="checkbox"/> Matthew 9:35-10:15 <input type="checkbox"/> Romans 5:12-19
<input type="checkbox"/>	June 22-26	<input type="checkbox"/> Psalm 28 <input type="checkbox"/> Genesis 32:22-32 <input type="checkbox"/> Luke 14:25-33 <input type="checkbox"/> Romans 6:3-11
<input type="checkbox"/>	June 29-July 3	<input type="checkbox"/> Psalm 35 <input type="checkbox"/> Exodus 1:6-4 <input type="checkbox"/> Matthew 10:1-15 <input type="checkbox"/> Galatians 6:7-18
<input type="checkbox"/>	July 6-July 10	<input type="checkbox"/> Psalm 46 <input type="checkbox"/> Exodus 2:11-22 <input type="checkbox"/> Matthew 13:1-9 <input type="checkbox"/> Ephesians 4:1-16
<input type="checkbox"/>	July 13-17	<input type="checkbox"/> Psalm 62 <input type="checkbox"/> Exodus 3:1-12 <input type="checkbox"/> Mark 9:1-8 <input type="checkbox"/> Romans 6:15-23
<input type="checkbox"/>	July 20-24	<input type="checkbox"/> Psalm 63 <input type="checkbox"/> Exodus 3:13-20 <input type="checkbox"/> Matthew 13:44-52 <input type="checkbox"/> Romans 8:26-30
<input type="checkbox"/>	July 27-31	<input type="checkbox"/> Psalm 73 <input type="checkbox"/> Exodus 12:1-14 <input type="checkbox"/> Matthew 14:13-21 <input type="checkbox"/> Colossians 3:1-11
<input type="checkbox"/>	August 3-7	<input type="checkbox"/> Psalm 127 <input type="checkbox"/> Isaiah 54:9-17 <input type="checkbox"/> Matt. 14:22-33 <input type="checkbox"/> Ephesians 4:25-5:2
<input type="checkbox"/>	August 10-14	<input type="checkbox"/> Psalm 145 <input type="checkbox"/> Exodus 16:2-15 <input type="checkbox"/> Matt. 15:21-28 <input type="checkbox"/> Jeremiah 20:7-13
<input type="checkbox"/>	August 17-21	<input type="checkbox"/> Psalm 18:1-19 <input type="checkbox"/> Matthew 16:13-20 <input type="checkbox"/> Romans 11:33-36
<input type="checkbox"/>	August 24-28	<input type="checkbox"/> Psalm 1 <input type="checkbox"/> Matthew 16:21-28 <input type="checkbox"/> Ephesians 6:10-20